

# FORGING THE FUTURE:



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## Friday FACTS

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"Leadership, Partnership, and Championship"

### ASPH Association of Schools of Public Health

The Association of Schools of Public Health (ASPH) is a national organization representing the deans, faculty and students of the accredited **member schools of public health** and other programs seeking accreditation as schools of public health. For a listing of Distant Learning MPH Programs visit: [http://www.asph.org/aa\\_document.cfm/20/20/2960](http://www.asph.org/aa_document.cfm/20/20/2960)

### NEWS FROM THE USDA/FDA FOODBORNE ILLNESS EDUCATION INFORMATION CENTER

The Food Safety Training and Education Alliance (FSTEa) is an alliance of government, industry, consumer and academic institutions dedicated to improving food safety training and education at the retail level. The Alliance coordinates efforts of its members to remove barriers to communication by facilitating information exchange, strengthening communications networks and alliances, and coordinating collaborative projects. FSTEa has just launched a new Web site. Highlights of the site include success stories and interviews with those involved with food safety training and education, training tips and techniques, quotes for training and learning and links to various food safety training and education resources. <http://www.fstea.org/>

### September 2001 is the Third Annual Prostate Health Month

September has been designated as Prostate Health Month. Sponsored by the American Foundation for Urological Disease and its Prostate Health Council, this educational initiative will focus on the three most common prostate conditions: benign prostatic hyperplasia (BPH), prostate cancer, and prostatitis. For more information visit: <http://www.afud.org>

### "Food Safety and Inspection Service, USDA, Gives Lessons on Back-to-School Food Safety: Keeping "Bag" Lunches Safe"

Whether it's off to school or work we go, millions of Americans carry lunches. Food brought from home can be kept safe if it is first handled and cooked safely. Then, perishable food must be kept cold while commuting via bus, bicycle, on foot, in a car, or on the subway. After arriving at school or work, perishable food must be kept cold until lunchtime. For pdf version of Food Safety Facts visit: <http://www.fsis.usda.gov/oa/pubs/>

### Coping with Tragedy

On line resources to help Americans deal with current tragedy include:

American Psychological Association <http://helping.apa.org/therapy/traumaticstress.html>

WebMD: search National Tragedy or Terrorism

Newsweek Special Edition has a special issue on *Health for Life!* Articles on aging, fitness, nutrition, memory, psychological health and new science...

### Rules for Survival...

1. A need to contribute and draw strength from family, friends, neighbors and the community in which I live.
2. A strong desire to make the most of every day and to celebrate the unspeakable value of time and consciousness.
3. To recognize and promote those things in that world that are noble and good.
4. To be proactive in fighting terrorism within the means at my disposal.
5. To continue to use whatever skills I have to reduce stress in a dangerous world.

- John Townsend